



^{2nd Annual} Eco Appetito

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PORTLAND'S CINQUE TERRE TO HOST SECOND ANNUAL "ECO APPETITO" BENEFIT FOR FERRY BEACH ECOLOGY SCHOOL

*Restaurant's "Maine sustainable food celebration" to benefit
Scarborough school's innovative "Food for Thought" program*

Portland, ME – An afternoon of mingling and sampling delicious food and drink at Cinque Terre (www.cinqueterremaine.com; 36 Wharf Street, Portland) will raise money for Ferry Beach Ecology School when the acclaimed restaurant hosts the **Second Annual Eco Appetito** on **Sunday, March 8th from 1 - 4pm** to celebrate sustainable local foods and first-rate Maine beverages.

All proceeds will benefit the Ecology School's Food for Thought Program, which teaches healthy and sustainable food choices to children and adults throughout New England.

Cinque Terre, named one of the "Top Ten Farm-to-Table Restaurants in the U.S.A" in 2008 by Epicurious.com, will welcome up to 150 attendees for this festive open house-style event. More than a dozen local farms and Maine producers have donated seasonal ingredients for the festive menu. Executive Chef Lee Skawinski and his staff will create delicious samplings of premium meats, hand-made pastas, artisan cheeses, breads, and fresh seafood. Event guests will also enjoy hand-crafted beer selections from Portland's Allagash Brewing Company, local wine selections and coffee.

Tickets are \$35 per person and can be purchased online at www.ecoappetito.com.

Eco Appetito is sponsored this year by *The Maine Switch* and Slow Food Portland, as well as local businesses which have generously donated Maine products and services for a silent auction and door prizes.

Auction items include round trip tickets on Amtrak's Downeaster Train, Cold River Blueberry Flavored Vodka, a Portland Schooner cruise, craft-made mead from Maine Mead Works, a Soothing Touch Massage, nutrition consultation with Alison LePage, Skillins Greenhouse gift certificate, bread from Rosemont Bakery & Market, tickets on Casco Bay Lines, artwork by Elizabeth Fraser, a private dinner cruise on Casco Bay, a signed Portland Pirates Jersey, and a Starbucks gift basket loaded with select coffees and teas. Other items include vermicomposting worms from the Ecology School and a session at the School's Summer Day Camp.

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"Eat, drink and mingle for a good cause, it's as simple and enjoyable as that," said Drew Dumsch, executive director of Ferry Beach Ecology School. "We are so very grateful to Chef Lee Skawinski and all the folks at Cinque Terre and all the support from the local farm community for making Eco Appetito possible," added Dumsch.

Ferry Beach Ecology School is a nonprofit science school which has educated more than 65,000 students during its ten years of operation. The program has been widely credited for raising awareness among youth of everything from healthy gardening and harvesting techniques, to sustainability workshops and ecology field trips to Maine's coastal ecosystems.

DETAILS

Eco Appetito – Good Eating for a Good Earth
Cinque Terre, 36 Wharf Street, Portland
Sunday, March 8 from 1 - 4pm

\$35 per person. All proceeds will benefit the Ferry Beach Ecology School and its "Food for Thought" program.

Local street, lot and garage parking is available.

To purchase tickets or locate additional event information, visit www.ecoappetito.com or call Maggie Daigle at (207) 632-5374.

Come discover why *The New York Times*, *The Boston Globe*, *Food Network*, *Gourmet*, and *National Geographic Traveler* all list Cinque Terre as one of Portland, Maine's "must-dine" experiences. Serving dinner nightly. For reservations, call (207) 347-6154.
www.cinqueterremaine.com

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